

McAdam Health Centre



McAdam Health Centre

15 Saunders Road,
PO Box 311
McAdam, NB
E6J 1K9

Phone: 506-784-6300
Fax: 506-784-6306

For more information on
services, please contact
the McAdam Health
Centre.

PLEASE NOTE

Hours of Operation

7 a.m. – 7 p.m.
Monday to Friday
Closed on all
Statutory Holidays

Emergency Call 9-1-1

Lab Services

On site blood collection
and specimen drop off
available
Monday to Friday
7 a.m. - 10 a.m.

Services provided at your Health Centre

Clinical Services -

- Lab Services - On site blood collection and specimen drop-off available.
- ECG - Monday to Friday, walk-in or pre-booked appointment
- Holter monitoring (heart test) - Monday to Friday, by appointment
- Blood pressure monitoring
- Out patient treatments (dressings, IV therapy)
- Patient education - individual or group education as needed (diabetes, menopause, bone health, etc.)
- Smoking Cessation

Dietitian Services

- Nutrition counselling with Registered Dietitian (twice per month - variable) - **physician referral is not necessary**
- Patient education - individual and group education

Mental Health Services

- Services available one day every 2 weeks, by appointment for adults
- Services available by appointment for children (frequency based on need)

Public Health Services

- Early childhood initiatives - Well Child and Toddler Screening clinics. Once a month, by appointment.
- Healthy Learner Nurse - collaborate with school on health issues.

Community Development

- Community Developer available Monday to Friday by appointment (shared with Harvey Health Centre)
- Services include health promotion, guidance to patients on how to access services. The Community Developer facilitates community involvement to address health priorities in the community.

Physicians

- Dr. Smith - Monday, Wednesday and Friday (8 a.m. - 4 p.m.)
- Dr. Olmstead - Thursdays (8 a.m.- 4 p.m.)

Nurse Practitioner

Two days per week, variable

A nurse practitioner is a registered nurse who works with the doctors and staff to provide primary health-care services such as:

- Order tests like X-ray, ultrasound, lab, and mammogram
- Prescribe medications
- Provide chronic disease management for diseases such as diabetes and high-blood pressure
- Treat minor injuries such as sprains or cuts
- Provide physical check up and tests such as PAP test, breast exam, prostate test
- Refer patients to specialists, if required.

Nursing Staff

Nurses provide assessment, treatment and education services within their scope of practice and in collaboration with nurse practitioners and physicians.

- General walk-in service to see a nurse does not require an appointment.

Tele-care (811) - 24 hour advice

After hours, call the Health Centre and follow the prompts to be connected to Tele-care (811). This will give you access to free and confidential healthcare advice with a registered nurse, available 24 hours a day, seven days a week.



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