St. Joseph's Community Health Centre

Centre de santé communautaire St. Joseph

What is Primary Health Care?

Primary Care is your first contact with the health-care system. Primary Health Care includes health promotion, health management, diagnosis, and disease prevention and care for common illnesses with a variety of health-care providers.

Hours of Operation

Monday to Friday — 8:30 a.m. – 4:30 p.m.

Family Physicians and Nurse Practitioners

By appointment only

Nurse Practitioners and Family Physicians offer comprehensive care across the health continuum and throughout the client's lifespan. They work in collaboration with other staff to provide primary health-care services such as:

- Ordering tests like x-rays, ultrasound, labs and mammograms.
- Prescribing medication
- Providing chronic disease management for diseases such as diabetes and high-blood pressure.
- Physical check-ups and tests such as PAP tests, breast exams and prostate tests.
- Flu clinics
- Specialist referrals
- Pre-natal follow-up care

632-5700

Collaborative Practice

On occasion, you may receive service from another provider at the centre depending on availability and your needs.

Emergency (911)

If you have an emergency, call 911 immediately.

St. Joseph's Hospital

130 Bayard Drive, Saint John NB E2L 3L6

Services Provided at your Community Health Centre

Programs or one-on-one appointments with the Dietitian, Social Worker, Registered Nurse, Occupational Therapist, or Pharmacist is available as a self-referral service to all members of our community.

Programs

Programs are based on identified community or group needs and may include education on subjects such as:

- Hypertension
- Fall prevention
- Nutrition counseling
- Seniors wellness/ exercises classes
- Diabetes
- Weight management
- Healthy living
- Chronic disease management
- Smoking cessation/COPD

632-5537

Tele-care (811)

Free and confidential health-care advice, in the language of your choice, is offered by a Registered Nurse 24 hours a day, seven days a week.

If you do not have a primary care provider, please contact Tele-care to add your name to the provincial patient registry, Patient Connect NB.

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116 Coburg Street, Saint John, E2L 3K1

RÉSEAU DE SANTÉ
Horizon
HEALTH NETWORK