How to Use Your Breezhaler

1. Remove cap from device.

2. Hold bottom of inhaler and tilt mouthpiece to open device.
3. With dry hands, remove one capsule from the pack.
4. Place capsule in the centre chamber.
5. Close mouthpiece until you hear a "click".

6. Hold device upright and press both buttons once and release. **Do this only once**.

7. Blow out away from the mouthpiece.
8. Seal your lips around the mouthpiece.

9. Breathe in quickly and steadily. You will hear a "whirling" sound.
10. If you don't hear a "whirling" sound, open the inhaler and carefully loosen the capsule by tapping the bottom of the inhaler. **Do not press the side buttons**.
11. You may taste a sweet flavour…this is normal.

12. Hold your breath for up to 10 seconds.
13. Breathe out.

14. Open to see the empty capsule.
15. If capsule isn't empty, repeat steps 7-13.
16. When you are done, discard the empty capsule and wash your hands.

17. Wipe the mouthpiece with a dry cloth or tissue.
18. Never wash the Breezhaler.